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Thur. May 6, 2010

New campaign to promote crime awareness

Ashley Bateman, USAG Bamberg Public Affairs

Community members will begin seeing information from a new safety campaign around the installation this month.

Iwatch, an awareness campaign to ensure that community members have the knowledge of where and what to report in terms of suspicious activity, is going Army-wide in place of the Safe Neighborhood Awareness Program.

While SNAP was an Army initiative, iwatch is a nationwide program that will require some adapting to address the overseas installation Force Protection level of Bravo +. Iwatch draws on the coordinated efforts of security organizations on a garrison and will begin implementation over the summer months.

Daniel Lalonde, U.S. Army Garrison Bamberg Anti-terrorism officer and Stanley E. Andrusczkiewicz, deputy director of the Department of Emergency Services are partnering with post organizations and directorates to ensure the dissemination of material explaining and advising on community awareness.

"Eighty to 90 percent of the program is raising awareness levels," Andrusczkiewicz said.



Soldiers take up a checkpoint posture outside of a U.S. Army garrison headquarters building in Germany during a force protection exercise.

The coordination of the DES, Public Affairs Office, Anti-terrorism and Directorate for Plans, Training, Mobilization and Security as well as the support of the schools, Army Community Services, Child Youth and School Services and other post organizations to dissemi-

(IWATCH continued on page 12)

USAREUR commander tours Bamberg community



By Ashley Bateman, USAG Bamberg Public Affairs

Gen. Carter F. Ham, commanding general of U.S. Army Europe, and his wife Christi, visited Warner Barracks April 30. His tour of the post included a stop at the Bamberg mild Traumatic Brain Injury clinic, where staff members answered questions about treatment and some Soldiers, who are currently patients at the facility, described their experiences.

Ham, who is very forthcoming about his own experience with a traumatic

brain injury, expressed concern that mTBI screenings at both ends of the deployment cycle are not currently in place.

"There is still a stigma attached to this," he said.

Later in the day, Ham viewed Bamberg's new Warrior Zone, where Soldiers have access to pool tables, gaming equipment and computers with Wi-Fi and webcam capabilities. Ham spoke with Soldiers there, asking what they liked about the hangout and how often they utilized it.

Ashley Bateman

Rachel Taft (pictured far left) explains to Gen. Carter F. Ham, U.S. Army Europe commanding general, the mechanics of the balance machine at the mild Traumatic Brain Injury clinic. During his visit in Bamberg, Ham also stopped by the Warrior Zone (pictured left), where he chatted with Soldiers about the new lounge located in the Community Activity Center.

Bamberg engineers compete in Army-wide contest

By Ashley Bateman, USAG Bamberg Public Affairs

As they ran the last stretch of their final event, 1st Lt. Mike Bradwick and 1st Lt. Daniel Vitale were pushed forward by the support of not only some of their fellow Bamberg Soldiers, but by their battalion and brigade commanders.

The 54th Engineer Battalion, 18th Engineer Brigade, showed the Army engineer community that they are a force to be reckoned with as two teams and one former 54th Soldier, 1st Sgt. Ronald Camp, competed with the best of Army engineers at the Army-wide 2010 Best Sapper Competition April 19-21 at Fort Leonard Wood, Mo. The competition is defined by three days of intense and high-risk physical and mental tests in the engineering field.

Though neither of the Bamberg teams took overall first place, both made an impression with strong category placements and sportsmanship.

One of the teams consisted of Capt. David Vasquez and 1st Lt. Brett Fuller, who won the U.S. Army Europe Best Sapper competition in Grafenwöhr this past year, earning them a spot at the Armywide finals.

Vasquez and Fuller started out strong, placing first in the Non-Standard Army Physical Fitness Test- the initial event of the competition. The test consisted of three minutes of pull-ups, five minutes

Soldiers begin the three-mile buddy run with kevlar and flack jackets in phase one of their physical training test in the 2009 Best Sapper Competition at Fort Leonard Wood Mo. Capt. David Vasquez and 1st Lt. Brett Fuller, 54th Engineer Battalion, 18th Engineer Brigade, placed first in the Non-Standard Army Physical Fitness Test- the initial event of the competition.

of sit-ups, five minutes of push-ups and a three-mile run with about 20 pounds of body armor.

"He [Vasquez] put us over the edge in the PT test," Fuller said of his teammate. "In all the events you take turns as a partner team. We had a pretty good strategy coming out of Graf. He would do 20 pullups and then I would do 20 so we weren't maxing out. We did over 200 push-ups and sit-ups that way."

Fuller said the run was where Vasquez especially put them ahead.

"The run was an extremely hilly course," he said. "I had a tough time going up the hills and we were trying to catch these West Point cross country runners who were like gazelles. He pulled me quite a bit."

Fuller and Vasquez came in third on the run. That placement combined with the other sections of the test gave them an early lead as the top team.

Teams then competed in a round robin of nine events. The next test following the round robin would prove a challenge for Fuller and Vasquez.

Underestimating the extra hydration needed for the unknown distance ruck march, Vasquez developed debilitating muscle cramps in his legs and he and Fuller were forced into early elimination.

"He's probably the fittest guy anyone in the battalion's ever met, so this had never happened to him before," Fuller said. "He wasn't taking extra precautions to stay hydrated. He does a lot of extreme sports and this was a good wake-up call for him to go back and relearn hydration."

Fuller said though his team's confidence was fairly high following the USAREUR competition, Vasquez's Permanent Change of Station to the states soon after affected their ability to progress as a team.

"Essentially we had stopped training together after Graf," Fuller said.

Another team of 54th Soldiers from Bamberg comprised of Bradwick and Vitale came in behind Fuller and Vasquez in the first event, but placed 7th in the overall competition of 29 teams.

Like Fuller and Vasquez, Bradwick and Vitale had competed in the USAREUR Best Sapper Competition in February. They placed second in the competition and Bradwick attributed much of their success in the Army-wide tournament to this preparation.

(SAPPER Continued on page 13)



Lt. Col. Gary A. Rosenberg

U.S. Army Garrison Bamberg, Commander

USAG Bamberg, Public Affairs Officer Renate Bohlen

Warner Weekly Staff
Ashley Bateman (editor), Douglas DeMaio,
Mindy Campbell, Capt. Megan L. Jantos,
Cornelia Meyer-Olin

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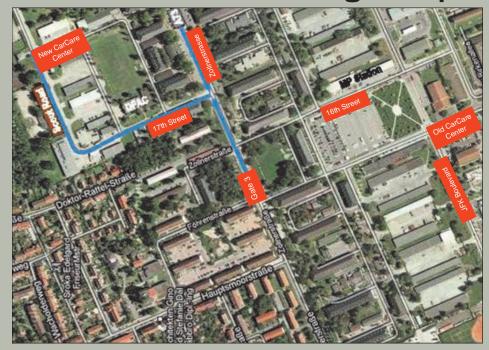
Contact Information:

Office Location: Bldg. 7089, Warner Barracks U.S. Army Address: Unit 27535, APO AE 09139

German Address:

Weissenburgstrasse 12, 96052 Bamberg Telephone:DSN:469-2000, Fax: DSN:469-8033

CarCare center celebrates grand opening of new location





Community members are invited to attend the grand opening of the new location of the Army and Air Force Exchange Service CarCare Center Tuesday, May 11 at 10 a.m. The new facility is located in building 7057, which is near the soccer field by the 173rd Brigade Support Battalion headquarters and Ray's Diner. For more information about the CarCare Center, call 0951-300-7530.

Request election ballots for state primaries

Military and overseas voters, submit your ballot request for the May, June and July state primaries.

The following states will hold primary elections during the months of May, June and July: Indiana, North Carolina, Ohio, Nebraska, West Virginia, Arkansas, Kentucky, Oregon, Pennsylvania, Idaho, Alabama, Mississippi, New Mexico, California, Iowa, Maine, Montana, Nevada, New Jersey, North Dakota, South Carolina, South Dakota, Virginia, Utah, Georgia and Oklahoma.

All members of the U.S. Uniformed Services, their family members and citizens residing outside the U.S. who are residents from these states and have not yet submitted a registration and ballot request (FPCA) for the 2010 calendar year, should do so as soon as possible.

The FPCA ballot application and instructions for each state are available at www.fvap.gov/FPCA. Click on your state on the map and follow the instructions to register and request an absentee ballot. Some states allow submitting the FPCA by fax or e-mail in addition to regular mail.

If you'd like more information on the Federal Voting Assistance Program or need help with the absentee voting process, contact FVAP at www.fvap.gov.



Gen. Stanley McChrystal, commander of the International Security Assistance Force in Afghanistan, salutes while observing a moment of silence with Dr. Karl-Theodor Freiherr zu Guttenberg, Minister of Defense of the Federal Republic of Germany.

U.S. aviators receive Bundeswehr medal of valor

Mark Ray, U.S. Army Europe Public Affairs

HEIDELBERG, Germany -- Fourteen Soldiers assigned to U.S. Army Europe's 12th Combat Aviation Brigade were awarded the German Bundeswehr's highest award for a single act of valor.

The aviators received the award for their support of Bundeswehr units during a battle in Kunduz Province, in Afghanistan April 2. During an April 21 visit in Berlin with Dr.

Karl-Theodor Freiherr zu Guttenberg, Minister of Defense of the Federal Republic of Germany, Gen. Stanley McChrystal, commander of the International Security Assistance Force in Afghanistan, was given the Ehrenkreuz der Bundeswehr in Gold medals to take back to Afghanistan for presentation to the 14 aviators.

The Soldiers are assigned to Companies A and C, 5th Battalion, 158th Aviation, based in Katterbach.

Patient liaisons to support Host Nation outpatient appointments

By JENNIFER WALSH, BMEDDAC Public Affairs

VILSECK, Germany - Seeing a German doctor for the first time just got easier.

The Bavaria Medical Department Activity is now offering outpatient liaison services on a one-year trial basis.

"We've increased our use of the Host Nation outpatient specialties," said Phyllis Morris-Samuels, referral coordinator. "But sometimes these visits are scary for a person if it's the first time they've used a Host Nation provider. So to put them at ease, they have the benefit of taking an outpatient liaison with them for their first Host Nation appointment."

Part of the outpatient liaison's job is to meet the patient at the Host Nation provider's office, translate when necessary, help with paperwork and answer the patient's questions before, during and after the appointment.

The outpatient liaison service is primarily intended for beneficiaries who have never used a Host Nation provider before; patients who are going to their first obstetric appointment; or patients who are having an outpatient surgical procedure done.

"One place an outpatient liaison might meet a patient is for a preoperative appointment so the patient clearly understands what they need to do for surgery," Morris-Samuels said.

Patients who need inpatient care will continue to utilize the Host Nation Patient Liaison program. Unlike outpatient liaisons, the HNPLs only work with inpatients, or people being admitted to a hospital for care.

All of the outpatient liaisons are familiar with medical terminology and have one-on-one training with an experienced patient liaison before they start assisting patients.

"Part of the training that we've built for the outpatient liaisons is that

they shadow a patient liaison until they feel comfortable about interacting with both the Host Nation provider and the patient," Morris-Samuels said. "They also sit with the head nurse or the nurse case manager. We're trying to equip them to be good liaisons."

The Army health clinics in Bamberg, Grafenwoehr, Hohenfels, Illesheim, Katterbach and Vilseck will have at least one outpatient liaison available for beneficiaries.

The Schweinfurt Clinic will not have a designated outpatient liaison, but will still offer some outpatient liaison services.

"The Schweinfurt Clinic has several patient liaisons on board," Morris-Samuels said. "They also have a patient liaison that works at the local German hospital. She can facilitate any appointment."

Overall, Morris-Samuels said the goal is for patients to be comfortable getting their health care on the economy.

"I hope that by knowing there's someone they can take along on their first visit that people might not be afraid to go to a Host Nation provider for health care," she said.

Patients interested in using the outpatient liaison service should contact the Bamberg clinic's Referral Management Office at 0951-300-7853.

Soldiers demonstrate equipment



2nd Lt., Charles Smith

Spc. Thomas Brown, a radio communications repair specialist from Oxford, Ala., and Spc. Jose Morales, an electronic device repair specialist from Kissimmee, Fla., show different types of equipment to some Bamberg School Age Services children, as part of Military Appreciation Day. Brown and Morales are assigned to the 317th Maintenance Company, 391st Combat Sustainment Support Battalion.

Attention taxpayers

The Internal Revenue Service may have erroneously reduced the Making Work Pay Credit on the 2009 federal income tax return of some taxpayers who were deployed to a combat zone in 2009.

Returns that were filed electronically may have lost data about the taxpayer's Earned Income during transmission. This data loss could reduce the amount of Making Work Pay Credit a taxpayer received.

Affected taxpayers should receive a notice from the IRS. If you have received such a notice, the Bamberg Tax Center can assist you. To fix the problem the taxpayer needs to fax a copy of the tax return, the Schedule M and Form W-2 to the IRS.

After receiving the fax, the IRS will process a residual refund in about two weeks. The refund will be paid using the same method as on the taxpayer's original tax return.

For assistance, call the Bamberg Tax Center at 0951-300-8262. The tax center is open Monday - Friday from 9 - 11:30 a.m. and from 1 - 3:30 p.m. until June 15.

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:

http://www.bamberg.army.mil/mobi/form.asp.

Mother's Day Special

Make your Mother's Day truly memorable. Get your picture taken anytime between May 3-8 at the Community Activities Center Portrait Studio and receive a coupon for 10 percent off matting and framing at the Arts & Crafts center. For more information, or to make an appointment, call 0951-300-8659 or 0951-300-7436 or e-mail breanna.epperson@eur.army.mil.

Summer Hire Program

U.S. Army Europe family members ages 14-22 can apply for summer employment in the 2010 Summer Hire program through May 7. For more information, or to apply for the program, visit http://cpolrhp.belvoir.army.mil/eur/ and look under employment.

FMWR Community Flea Market

Family Morale Welfare and Recreation will now host a monthly flea market the second Saturday of every month now through October. The first flea market will be held May 8 at 10 a.m. on the street next to the Community Activity Center, adjacent to the field. The cost to rent a table is \$5. To sign up, stop by the CAC. For more information, call 0951-300-8659.

Volunteers needed at the chapel

USAG Bamberg Community Chapel is looking for volunteers to fill the following volunteer positions: musician for the Protestant service, musician for the Catholic service, Catholic religious education coordinator, Protestant religious education coordinator and Catholic clergy. If interested in volunteering, call 0951-300-8879.

Estate Claim

Anyone having any claims on or obligations to the estate of Pfc. Nickson Joseph Audry, 173rd Brigade Support Battalion, should contact the summary court officer, 2nd Lt. James Pollard at 0951-300-8155.

Summer HIRED! Program Starts

HIRED! Summer Term applications are due May 21 at the JFK Youth Center. The program begins June 7. All teens who want to participate in the program need to attend the pre-requisite workforce training May 27 at the JFK Youth Center at 3:30 p.m. The free training will highlight information about career and personality assessments, resume writing, interview and dressing for success, basic customer service and what to do with the money earned. The training is open to all CYSS registered youth. For more information, call 0951-300-8345 or e-mail shay.mcneil@eur.army.mil.

Have Your own Garden Plot on Warner Barracks

The Community Activity Center has garden plots to rent. The cost is \$25 per season for a 200 square-foot plot. For more information or to request a plot contact Bradley.cline@us.army.mil or call the CAC at 0951- 300-8659.

Weekly Reminders

DES/Vehicle Registration Office

As of March 19, Bamberg license plates are available for motorcycles and trailers. Everyone that is due for renewal and still has the old U.S. Army Europe plates has to change to the new Bamberg plates. To renew plates, customers must bring a new insurance card (not older than



120 days). For more information, call 0951-300-7580.

Money Track

Come to the Lunch Time Money Track session from 11:45 a.m. to 12:45 p.m. on May 18 and 26, and June 8 and 16. For more information, call 0951-300-9193.

Red Cross Classes

The American Red Cross Bamberg will offer CPR/First Aid/AED, Babysitting and CPR instructor classes. Come to ACS Building 7029 room 113 for class times, locations and registration. For more information or to register, call 0951-300 -1760.

- CPR/First Aid/AED on May 8 is \$40
- CPR Instructor Class on May 11 and 13 is \$100.

NAF 10:

Bamberg Nonappropriated Funds Civilian Personnel Advisory Center will be conducting employment workshops for all eligible individuals interested in learning how to apply and write a resume for a NAF position. This is not a general class on how to write a resume. It is specifically tailored for NAF vacancy announcement applicants. The workshop will be in the Bamberg CPAC Conference Room in Building 7486. All workshops are on Fridays from 10 - 11:30 a.m. Dates are June 18, Aug. 27 and Oct. 22. Sign-up the Tuesday prior to each scheduled workshop as there is a maximum of eight slots available. For more information regarding training or eligibility, call 0951-300-8027.

New Tax Relief Services

The MWR Tax Relief Office now offers a new service for USAG Bamberg customers. With the implementation of the UTAP (Utility Avoidance Program) customers can sign up locally and save 19 percent tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke. (Other energy and utility providers can also be used, but customers still have to register through the USAG Schweinfurt UTAP). Please contact the Bamberg tax relief office at 0951-300-1780 or Schweinfurt tax relief office at 09721-96-1780.

Lutheran Worship Services

The U.S. Army Garrison Bamberg Chapel now sponsors a Liturgical church service every first and third Sunday at 9 a.m. in the Bamberg

Chapel Family Life Center. All Lutherans or other liturgically-minded people are welcome to attend. For more information, call 0951-300-8141 or e-mail david.jacob@eur.army.mil.

Passport and Immigration Fees

The U.S. Department of State is considering increasing the fees associated with passports and Immigration Services. Customers are highly encouraged to submit applications prior to the Department of State's decision, which will occur at an unknown time in the future.

Passport Office

The Bamberg Passport Office has recently upgraded its website. You can now access all the informational handouts from the convenience of your home or office. Go to http://www.bamberg.army.mil/directorates/dhr/passport.asp and select the appropriate link. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Puerto Rican Birth Certificates

In December 2009, the government of Puerto Rico, in collaboration with the U.S. Department of State and the U.S. Department of Homeland Security, enacted a new law aimed at strengthening the issuance and usage of birth certificates to combat fraud and protect the identity of all people born in Puerto Rico. On July 1 this law will invalidate all birth certificates issued before July 1, 2010 by the Puerto Rico Health Department, through its Vital Statistics Record Office. Affected Soldiers, civilian employees and family members will need to request issuance of a new birth certificate. It is recommended that all citizens born in Puerto Rico but residing overseas obtain a copy of the new birth certificate by filling out a Birth Certificate Application form from the Puerto Rico Vital Statistics Record office on or after July 1. Application forms can be obtained at

http://www.salud.gov.pr/Programas/registroDemografico/Pages/RequisitosparasolicituddeNacimiento.aspx or http://www.bamberg.army.mil/directorates/dhr/passports.asp.

mTBI Clinic Requests Artwork

In support of the valuable role that art can play in enhancing the healing process, the mTBI clinic staff would like to invite community members to donate original drawings, paintings or framed photographs for display in the hallways of Bamberg's new mTBI facility. These donated pieces can be on stretched canvas for easy hanging or on flat canvas. Size preferred for framework is 8x10. Sindy McCord, occupational therapist, into an advocate and supporter for integrating art into health care environments and will be the main point of contact for the project. For more information, call Sindy McCord at 0951-300-8969 or the mTBI front office at 0951-300-7984.

Calling All Eagle Scouts

The Transatlantic Council is conducting a roundup of all Eagle Scouts residing in Europe to help celebrate the 100th Anniversary of the Boy Scouts of America. Our goal is to communicate to our Eagle Scouts the opportunities available for service, support and programs throughout Europe. The Transatlantic Council will also be holding a reception for all Eagle Scouts, their parents and spouses during this 100th Anniversary year. If you would like to receive information about the Transatlantic Council and opportunities for youth and adult Eagle Scouts please contact our headquarters at Camp Darby at advancement@tac-bsa.org. To discover more about the programs of the Boy Scouts of America in Europe visit the website at www.tac-bsa.org/

Home.html or call the Camp Darby staff at 633-

25 Year Reunion

Members of D Company have been planning a reunion for the all veterans of 1st Battalion (Mechanized), 52nd Infantry, who served from about 1980 until it became part of the 6th Infantry. There will be a reunion on June 16-20 at the Tuscany Suites and Casino in Las Vegas. For more information, e-mail Bill Burt at LMJWRB@msn.com or visit http://deltacompany-52nd-inf.ning.com or <a href="http://www.facebook.com/home.php?ref=home#/group.php?gid=160711462863.

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information, call 0951-300-7777.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday through Thursday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Fridays, sick call is from 7 - 8 a.m. and full service from 7:30 a.m. - noon. We are closed on Friday afternoons for mandatory training. The Health Clinic is also closed on federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. If you have a medical emergency, call the Bamberg Military Police at 0951-300-114. You may also call the TRICARE Nurse Advice Line at toll-free number 00800-4759-2330, 24 hours a day, seven days a week to talk to a nurse about your health care concerns, get self-care advice to help you feel better now, schedule appointments with your military provider and arrange a phone call with your provider.

Community Activity Center Hours

Bamberg's Community Activity Center operational hours are:

- Monday Thursday: 8 a.m. 8 p.m.
- Friday: 8 a.m. 6 p.m.
- Saturdays: 11 a.m. 6 p.m.
- Sundays: 11 a.m. 6 p.m.
- Free Wi-Fi is available around the CAC (Building 7047).

Firearms notice

In accordance with Army in Europe Regulation (AER) 190-6, registration and control of privately owned firearms and other weapons in Germany, dated July 20, 2006, it is prohibited for any Soldier, U.S. Department of the Army Civilian (DAC) or Family Members (FM) to own an unregistered Privately Owned Firearm (POF). All POFs must immediately be registered with USAG Bamberg Field Registration Station (FRS) located in Building 7011 (MP station). For more information call the customs office at 0951-300-7460/9312.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday. We are closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders, help visiting family members get permission to drive USAREUR-plated car or get permission to have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permis-



sion to go shopping on post if they visit for more than 30 days or live in Germany.

Chapel Meeting

The Bamberg Protestant Women of the Chapel has weekly meetings on Wednesdays from 9-11:30 a.m. at the Bamberg Chapel. Free Childcare is provided. For more information, call 0951-300-1570.

Family Readiness

Classes for Family Readiness Group volunteer positions are every first and third Tuesday of the month from 10:30 - 11:30 a.m. in Building 7354. Learn the duties of an FRG. For more information, call 0951-300-7777.

Security Awareness Alert

The Department of State urges U.S. citizens to maintain good security practices at all times and to maintain a heightened situational awareness and a low profile. Americans are advised to monitor news reports and consider the level of security present when visiting public places or choosing hotels, restaurants and entertainment and recreation venues.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; held weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Family Strengths and Stresses

Army Community Service, Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, Play Group, Parenting Classes, Communication Classes, Victim Advocacy and Stress and Anger Management Classes. For information, call 0951-300-7777.

• Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 – 3 p.m. for Anger/Stress Management Class.

 New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Veterinary Facility

Veterinary Office hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information or to schedule an appointment, call 0951-300-7972.

Sports, Health and Fitness

It's a Family Affair 5K Fun/Walk Run

The Freedom Fitness Facility is hosting a free community fun walk/run May 8 at 9 a.m. to promote fitness for all. Sign up prior to the event by stopping by the FFF. Registration is also accepted on the day of the race starting at 8:15 a.m. The route is on post and stroller- and pet-friendly. For more information about the event, call 0951-300-9086 or e-mail Ernest Johnson at Ernest.Johnson@eur.army.mil.

Volleyball Tournament

The Freedom Fitness Facility will host a volleyball tournament on May 8, consisting of community players throughout U.S. Army Europe. The event is open to all male and female community teams and is free. For more information, call 0951-300-7597 or e-mail charles.williams@eur.army.mil.

Golf Competition

The Whispering Pines Golf Course will have a two-person scramble May 22. The games, starting at 8 a.m., will include a two-person best ball, non-handicap prizes for the longest drive closest to the pin and a barbecue after the event. The cost per person is \$25. For more information about the golf competition, call 0951-300-8953 or e-mail Danielle.speelman@eur.army.mil.

Join the Bamberg ULTIMATE FRISBEE Team!

Ultimate Frisbee is a fast sport requiring teamwork and tactics.

All ages and skill levels are welcome on our team. It doesn't matter if you have never thrown a frisbee before or are an experienced player. We are a coed mixed team of younger players and adults.

During the summer, we participate in a number of tournaments around Germany.

The spirit of the game is most important to us. We invite you to check out our training and have fun!

Contact: Dan Rossell (daniel.rossell@eur.army.mil) at 0951-300-7399 or 0152-0270-4554

Training: Mondays and Wednesdays 6:30 p.m. Footballfield "FC Wacker", Margaretendamm 7



Dodgeball Tournament

The Freedom Fitness Facility will host a dodge-ball tournament on May 12 at 5:30 p.m. Teams must have six players and may have four additional players to serve as substitutes. A maximum of 10 teams may participate, with double elimination. Team and individual awards will be presented to first through third place winners. The sign-up deadline is May 10 and costs \$20 per team. For more information or to sign-up for the tournament, call 0951-300-9086 or e-mail Ernest.Johnson@eur.army.mil.

MWR Triathlon

Outdoor Recreation is hosting a free Triathlon Sat., June 12 at 9 a.m. at the Local Training Area. Compete in mountain biking, trail running, and paintball. For more information or to sign up stop by Outdoor Recreation or call 0951-300-9376 or e-mail brandi.crist@us.army.mil.

Mountain Bike Series

Bamberg will host the Installation Management Command Europe mountain bike series Aug. 7. For more information call Outdoor Recreation at 0951-300-9376.

Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690. Visit the website at http://www.bamberg.army.mil/directorates/dfmwr/bc.asp for latest updates and upcoming MWR events or call 0951-300-7722.

- Mother's Day Bowling Sunday, May 9 at 11 a.m. mothers bowl for free. Shoe rental is \$2. Also, the bowling center will have a coffee and pastry special for the moms between 11 a.m. - 8 p.m.
- for the moms between 11 a.m. 8 p.m.

 9 Pin No Tap Tournament Saturday, May 15, noon.
 The cost of the tournament is \$25
- The cost of the tournament is \$25.

 Taco Pizza Special Every Wednesday in May.
 Receive \$1 off any Taco Pizza you order. Call-ins and take out are available.
- Family Day Every Sunday in May at 10:30 a.m. Bring the Family out to the bowling center for some fun. All kids bowl for \$1 per game and \$1 for shoe rental.
- Kids Showcase Free bowling Sunday, May 30 from 11 a.m. 3 p.m. All kids 16 and under receive the first two games free. Shoe rental is \$1. Free hot dog and chips.
- Lunch Special Daily in May from 11 a.m. 1 p.m. Purchase one of our daily combo meals during lunch and receive a reduced rate on bowling fees.
- Taco Alley Bamberg's Tex-Mex kitchen is now open: Monday, Wednesday and Thursday 11 a.m. 9 p.m.; Tuesday from 11 a.m. 2 p.m.; Friday and Saturday 11 a.m. 11 p.m. and Sunday from 11 a.m. 8 p.m.

Physical Shape

There is a Spinning and Abs class Tuesdays between 8:30 - 9:30 a.m. and a Spinning class on Wednesday mornings from 5:30 - 6:30 a.m. For the Wednesday class, units can reserve up to 24 bikes for physical training. There is a cardio-weights class on Thursdays from 8:30 - 9:30 a.m. The cost is \$4 per class. Instructors will lead you through the workout of your life. Sign up at the Freedom Fitness Facility.

Personal Trainer Available

Want to get in shape with one-on-one personal service? The Freedom Fitness Facility is offering personal training with a certified instructor to get you in shape like you always wanted. Fees are \$35 per session or save \$35 by taking five sessions for only \$150.

Continuing Education

Strong Bodies Strong Minds

Adult learners returning to school, collegebound high school seniors or office workers who might be noticing a little belly bulge are invited to attend the Strong Bodies Strong Minds seminar May 14 from 11:30 a.m. - 12:30 p.m. at the



Bamberg Education Center, Building 7047, on the third floor. The event will teach participants why the mind and body must both be strong to perform mental tasks such as studying and administrative work, which nutrients empower people to perform optimally and how to perform exercises and stretches throughout the day to perform optimally. For more information, call 0951-208-5350.

UMUC Commencement Ceremony

University of Maryland University College Europe will recognize graduating students at its 58TH annual commencement ceremony on Saturday, May 8, at 2 p.m. in the Village Pavilion at Patrick Henry Village in Heidelberg. The ceremony will honor more than 1,000 students from across Europe, Africa and the Middle East who earned their associate's, bachelor's, or master's degree with University of Maryland University College or its partner institution, Bowie State University. This year's guest speaker and honorary degree recipient will be the Honorable James B. Smith, U.S. Ambassador to the Kingdom of Saudi Arabia.

Federal Aid

Students are encouraged to explore the many financial aid opportunities available while enrolled in UMUC Europe, including grants, low-interest loans and monthly payment plans. The 2010-2011 Free Application for Federal Student Aid application is now available for students to begin applying for 2010-2011 federal financial aid. Grants may be used along with VA benefits, scholarships, military TA and military spouse tuition assistance. For more information on registration, financial aid and services, contact a local UMUC Europe field representative, call 314-370-6762 or 06221-3780, or visit www.ed.umuc.edu.

Enroll in May and Save

University of Phoenix will waive the application fee and resource fees associated with your first graduate class when you enroll during the month of May, a savings of up to \$150. For more information, contact University of Phoenix Field Representative Leah Gransbery at 0951-208-535 or Leah.Gransbery@phoenix.edu.

Register for UMUC

Register now for University of Maryland University College – Europe classes. UMUC-Europe

offers Associates and Bachelor's degrees in business, computing, humanities, science, and more. For more information, call 0951-300-7466 or e-mail bamb@fieldrep.ed.umuc.edu.

The following class schedules will be offered during the summer semester:

HUMN100 Introduction to Humanities (3 semester hours), June 1 – July 22 on Monday, Tuesday, Wednesday, Thursday from 11:30 a.m. to 12:45 p.m.

GERM111 Elementary German I (3 semester hours), June 2 – July 21 on Monday and Wednesday.

SPCH101 Introduction to Public Speaking (3 semester hours), June 1 – July 22 on Tuesday and Thursday 6:30 to 9:30 p.m.

CMST100A Introduction to Microcomputers: Hardware and Software (1 semester hour), June 19 and 20 from 9 a.m. to 5:30 p.m. HIST216A Eastern Europe in Transition (1 semester hour), July 10 and 11 from 9 a.m. to 5:30 p.m.

German 101

Free Introduction to German is every Monday at noon at the community library. Participants will learn some German words and phrases. For more information, call 0951-300-1740.

University of Phoenix

The University of Phoenix is open Monday, Tuesday, Thursday and Friday from 10:30 a.m. - 2:30 p.m. It is located at the Warner Barracks Army Education Center, Building 7047, Room 309. Leah Gransbery, University of Phoenix field representative, can help you start your master's program. Online and on-site courses are available and degrees can be achieved in 15 - 24 months. For more information, call 0951-300-9280 or 0951-208-5350.

MBA Classes at UOP

University of Phoenix is currently enrolling students for face-to-face classes in Master of Business Administration. Classes are held each Thursday evening from 6 - 10 p.m. starting May 27 at the Bamberg Education Center. Registration ends soon. Contact Leah Gransbery for more information at 0951-208-5350 or Leah.Gransbery@phoenix.edu.

Youth and Teens

Bible Club

Register your child today at the chapel for the weekly Bible Club. The club meets Sundays from 4 - 5:30 p.m. and is open to elementaryaged children. For more information, call 0951-300-1570.

Homework Club

The Bamberg Middle High School Homework Club meets Tuesdays and Thursdays from 3:15 - 5:15 p.m. in Lab 85. A teacher, other adults and students will be available for tutoring or to assist students academically.

Volunteers Needed

The Bamberg Middle High School is seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, call Celeste Rush 0951-300-8874 or e-mail celeste.rush@eu.dodea.edu.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons and even a varsity letter for you efforts. Travel around Europe for swim meets in places like Italy, Spain, Belgium, England, and many more. For more information, e-mail bambergaquabarons@yahoo.com.

Youth Adventures

Child Youth and School Services invite children ages 13 and up to Over the EDGE Adventures. Activities include mountain biking, indoor and outdoor rock climbing, hiking, GPS orienteering, land navigation and kayaking. The program will run every Tuesday and Thursday, 3:30-5:30 p.m. through June 10. The program is free for all CYSS registered children. For more information call CYSS Parent Central Services, Building. 7340, at 0951-300-8660 or The Edge director at 0951-300-7716 or 0951-300-7405 or e-mail tony.puskorius@eur.army.mil.

Closures / Changes

Dining Facility Closed

Due to a 54th Engineer Battalion training exercise, the Dagger's Inn dining facility will be closed May 3-31. The Dagger's Inn will resume daily operational hours June 1.

Central Issue Facility

The Central Issue Facility will be closed for annual inventory May 10-14.

Passport Office Closure

The Passport Office will be closed May 11-13 for training in Heidelberg.

Vehicle Registration Office

The Vehicle Registration Office will be closed all day on May 13, 24 and 31 and on June 3 and 4 and will be closed for lunch from May 25 - June 2 from 11:45 a.m. to 12:30 p.m.

Legal Office Closed

The Bamberg Legal Office and the Tax Center will be closed May 14 for Organizational Day.

Auto Skills Operation Hours

A recent shortage of staff at the Auto Skills Shop and Car Wash, Building 7038, has forced the facility to temporarily close on Monday and Tuesday of each week until the vacant positions are filled. The shop expects to maintain Monday—



Thursday hours and will return to seven days a week opening hours as soon as possible (Strip Yard hours of operation remain the same). For more information, call the Auto Skills Shop at 0951-300-7546.

The hours of operation are:

- Wednesdays and Thursdays 10 a.m. 8 p.m.
- Fridays 10 a.m.- 7 p.m.
- Saturdays and Sundays 10 a.m.- 6 p.m.
- Closed on Federal Holidays

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager has relocated to Building 7290, Room 208, right next to Burger King. For more information, call 0951-300-7514.

Airport Shuttle

The Frankfurt Shuttle Bus departs from the Bamberg Army Community Service building Monday-Friday at 6:35 a.m. and arrives at the airport at 9:45 a.m. The first return shuttle departs from the

airport at 11 a.m. and arrives in Bamberg at 3:15 p.m. The second shuttle departs from the airport at 2:50 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is the Bamberg Service Credit Union. The shuttle is not available on American and training holidays.

Freedom Fitness Facility

The Freedom Fitness Facility will now have extended hours on the weekdays during training holidays. The facility will remain open until 7 p.m. on training holiday weekdays. Weekend hours remain unchanged.

Entertainment and Leisure

Singer-songwriter to Perform

Singer-songwriter and amputee Theresa Sareo will perform May 3-14 at several U.S. military venues in Europe to honor Soldiers, Families and community members serving. Sareo will be performing May 7, from 7 - 8:30 p.m. at Ledward Chapel in Schweinfurt and May 9 from 7 - 8:30 p.m. at the Vilseck Chapel in Vilseck.

Outreach KONTAKT Club Events

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship and is always looking for new members. The Outreach KONTAKT bowling team meets every Friday at 7 p.m. at Birchview Lanes on post. Every Thursday the music group meets at 8 p.m. at the KONTAKT clubhouse on the airfield. For more information, contact the German president Klaus Kirchhof at 0951-24378 or at b.k.kirchhof@web.de or contact the American project officer Capt. Jamel R. Carr at 0951-300-7489 or at jamel.carr@eur.army.mil.

REMINDER

Curfew for youth under age 16 is 10 p.m. to 5 a.m. Monday—Thursday.



CIRCUIT PT

TUESDAYS & THURSDAYS

12 - 12:45 P.M. FREEDOM FITNESS FACILITY

THIS IS A FREE CLASS!

OPEN TO ALL US ID CARD HOLDERS

LOOKING FOR AN ALTERNATIVE TO THE OLD SCHOOL PUSHUPS, SIT-UPS & RUN? Revamp

your fitness routine with this lunchtime workout geared toward getting your heart pumping as well as target major muscle groups.

Get a more time efficient workout and burn 1/3 more calories by doing strength and cardio in one shot. Cardio blasts calories immediately, while strength-training increases metabolism over time, so combining the two gives you the ultimate bang for your buck! OH! Did we mention the class was free?!





Barbecue safety emphasized as grilling season begins

By Harald Doktorowski, USAG Bamberg DES

It's almost summer, so it's time once again for the great barbecue debate:

Ribs or pork? Vinegar-based or tomato-based? Or mustard-based? Wet or dry? Legal or illegal?

The use of barbecue grills or other open flame devices is prohibited on any balcony and within five feet of structural walls or flammable materials.

Not only is it dangerous, it can cause a lot of black smoke to build up on walls and ceilings. Such devices used in approved areas should never be left unattended.

For charcoal grills, only use starter fluids designed for barbecue grills. Never use gasoline or alcoholic beverages.

Use a limited amount of starter fluid before



lighting the fire. If the fire is too slow, rekindle with dry kindling and add more charcoal if necessary.

Don't add liquid fuel to re-ignite or build up a fire, as flash fires can result. Soak the coals with water before you discard them and

leave the grill away from the house until completely cool.

For gas grills, always store the gas cylinder outside - away from structures and turn off the valves when not in use.

Check frequently for any leaks in connec-

tions by using a soap-and-water mix that will show bubbles if gas escapes.

When purchasing a gas grill, select one that bears the mark of an independent testing laboratory. Follow the manufacturer's instructions and if needed, have it repaired by a trained professional.

If you get burned, run cool water over the burn for 10 to 15 minutes. Don't use butter or a salve on burns because these seal in heat and can damage the tissue further. If you receive a serious burn, one that, for example, has charred the skin, seek medical attention promptly.

For more information, call 0951-300-8758. For more information about the Army's summer safety campaign log on to https://summerSafety2010/tabid/1838/Default.aspx.

Click It or Ticket is saving lives

By U.S. Army Combat Readiness/Safety Center

Nearly one in five Americans, about 17 percent nationally, still fail to regularly wear their seat belts when driving or riding in motor vehicles, according to a recent National Highway Traffic Safety Administration seat belt study. The Army lost 75 Soldiers in fiscal 2009 to both day and night privately owned vehicle accidents. Of those drivers and passengers, about 33 percent were reported as not wearing their seat belts.

Regular seat belt use is the single most effective way to protect people and reduce fatalities in motor vehicle crashes. NHSTA statistics show that in 2007, more than 15,000 lives were saved by seat belts in potentially fatal crashes. When worn correctly, seat belts have proven to reduce the risk of fatal injury to front-seat passengers by 45 percent in cars and 60 percent in pickup trucks, SUVs and minivans.

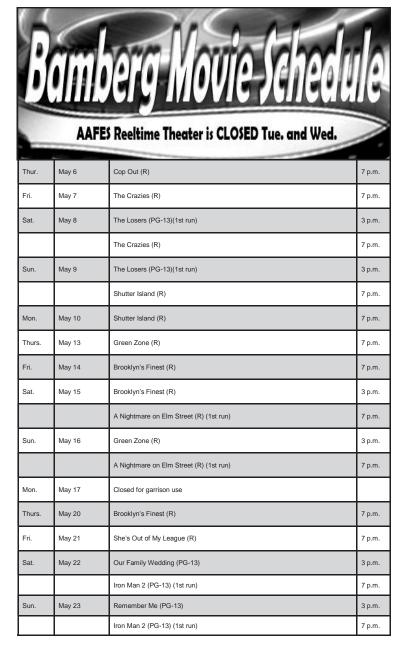


"Too many Soldiers take the attitude that a serious POV accident will never happen to them. Fatal POV crashes can and do happen every day—no one is immune or invincible," said Command Sgt. Maj. Michael Eyer, command sergeant ma-

jor for the U.S. Army Combat Readiness/Safety Center. "This is why the Army is joining with state and local law enforcement agencies and highway safety officials from May 24 to June 6, 2010, to participate in the aggressive national "Click It or Ticket" seat belt enforcement mobilization."

On and off the installation, law enforcement officers will be out enforcing seat belt laws by conducting seat belt checkpoints and zero tolerance seat belt enforcement. Military police and other law enforcement organizations are not out there to just write tickets, but to save lives and get everyone to buckle up both during the day and at night. The bottom line is failure to wear a seat belt can be deadly.

For more information on the national "Click It or Ticket" mobilization, please visit www.nhtsa.gov.



Outside the Gate

Weekend events in and around Bamberg April 30-May

Friday, May 7

- 1 p.m. Bamberg Spring Fest at Plaerrerplatz an der Breitenau, Bamberg, next to Bamberg Army Airfield
- 7:30 p.m. Chamber music performed by the Bamberg Symphonic Orchestra at Spiegelsaal der Harmonie, Schillerplatz 7, 96047 Bamberg
- 8 p.m. "A coming storm winterstorm, code red & haematom" at Live-Club, Obere Sandstrasse 7, Bamberg
- "Grae J. Wall Jailbirds" live music at Blues Bar, Obere Sandstrasse 8 p.m. 18. Bamberg
- 9 p.m. Canoe slalom at the Old City Hall, Altes Rathaus, Obere Brücke 1, 96047 Bamberg
- 10 p.m. "Electro Deluxe Lounge: Ziel100" at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Saturday, May 8

- 1 p.m. Bamberg Spring Fest at Plaerrerplatz an der Breitenau, Bamberg, next to Bamberg Army Airfield
- 9 a.m. Horse market and carriage rides at Haflingerhof, Kapellenweg 7, 96179 Muersbach
- 10 a.m. Spring market in Hallstadt, Marktplatz, 96103 Hallstadt
- 12 p.m. Organ concert at the Bamberg cathedral, Domplatz 5, 96049
- 1 p.m. Upper Franconian Trachten (traditional costumes) market at Baernmuseum Bamberger Land, Hauptstrasse 5, 96158 Frensdorf
- Guided bicycle tour through Franonian Tuscany 34 km; meeting point: Treffpunkt: Tourist Information, Geyerswoerthstrasse 3, 96047 Bamberg (16 Euros for adults/12 Euros for children)
- 2 p.m. Flower and vegetable seedlings fair swap or buy seedlings and plants at Am Wehr 2, 96123 Litzendorf
- 5 p.m. VIP canoe slalom race watch Lord Mayor Starke, Garrison Com mander Lt. Col. Gary Rosenberg and others at Altes Rathaus, Obere Bruecke 1, 96047 Bamberg
- 7:30 p.m. "Light and Shadow" Theatrical journey through Bamberg's history at Katharinenkapelle, Alte Hofhaltung, Domplatz, 96049 Bamberg
- 8 p.m. Symphony concert performed by the Bamberg Symphonic Orchestra at Konzert- und Kongresshalle - Joseph-Keilberth-Saal, Mussstrasse 1, 96047 Bamberg
- "ABC" at Blues Bar, Obere Sandstrasse 18, Bamberg
- "Tango en Mayo" at Haas-Saele, Obere Sandstrasse 7, 96049 Bamberg
- "The Loveboats" at Sound'n Arts Club, Sandstrasse 20, 96049 9 p.m.
- 10 p.m. "[dunkelbunt] & Cloud Tissa & DrosophilaSound" at Morph Club, Luitpoldstrasse 17, 96052 Bamberg

Sunday, May 9

- 9 a.m. Kirchweih festival at Obernoberdorf, 96199 Zapfendorf
- 9 a.m. Spring market at Marktplatz, 96132 Schluesselfeld
- 10 a.m. Village fest in Herrnsdorf, 96158 Frensdorf
- 1 p.m. Bamberg Spring Fest at Plaerrerplatz an der Breitenau, Bamberg, next to Bamberg Army Airfield
- 10 a.m. Canoe slalom competition at the Old City Hall, Altes Rathaus, Obere Brücke 1, 96047 Bamberg

- 10 a.m. Horse market and carriage rides at Haflingerhof, Kapellenweg 7, 96179 Muersbach
- 11 a.m. "Light and Shadow" Theatrical journey through Bamberg's history at Katharinenkapelle, Alte Hofhaltung, Domplatz, 96049 Bamberg
- 11 a.m. "Orfeo barocco Alessandro Stradella" baroque music at Harmonie - Spiegelsaal, Schillerplatz 7, 96047 Bamberg
- 11:30 a.m. Upper Franconian Trachten (traditional costumes) market at Bauernmuseum Bamberger Land, Hauptstrasse 5, 96158 Frensdorf
- 8 p.m. "Paul Armfield" live at Blues Bar, Obere Sandstrasse 18, Bamberg

Friday, May 14

- 5 p.m. Bamberg Spring Fest at Plaerrerplatz an der Breitenau, Bamberg, next to Bamberg Army Airfield
- "Steve Reeves" live music at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Celula New York Laco Deczi" at Jazzclub Bamberg, Obere Sandstrasse 18, 96050 Bamberg
- 10 a.m.- 7 p.m. Fascination Garden (Faszination Garten), Schloß Weißenstein, Pommersfelden (www.faszination-garten.de)

Saturday, May 15

- 6 a.m. 2 p.m. Hiking (Volkswandertage) in Wiebelsheim (6, 10, 20 km), Halle Kraus, Wiebelsheim (Nordic Walkers welcome)
- 10 a.m. Fränkische-Schweiz-Bikemarathon (Radmarathon), Litzendorf 9.30 a.m. - 4.30 p.m. 300 Years of Meißen porcelain, (exhibit through 17 October), Altes Rathaus (Sammlung Ludwig), Obere Brücke,
- 10 a.m.- 7 p.m. Fascination Garden (Faszination Garten), Schloß Weißenstein Pommersfelden (www.faszination-garten.de)
- 10 a.m.- 10 p.m. Kleberstraßenfest ("Africa"), Kleberstrasse, Bamberg
- 12 p.m. Concert (Organmusic), Kaiserdom (cathedral), Domplatz 5,
- Bamberg Spring Fest at Plaerrerplatz an der Breitenau, Bamberg, next to Bamberg Army Airfield
- Buger Kirchweih fest, Bamberg, Bug district
- Night of Bach in St. Stephan (J.S.Bach), St. Stephanskirche, Stephansplatz, Bamberg
- 15 years of Café Luitpold, Cover-Rock-Band "Wednesday Project," Café Luitpold, Schönleinsplatz4, Bamberg
- 8 p.m. "SLOP" live music at Blues Bar, Obere Sandstrasse 18, Bamberg

Sunday, May 16

- 8.45 a.m. Buger Kirchweih fest, Bamberg, Bug district
- 6 a.m. 2 p.m. Hiking (Volkswandertage) in Wiebelsheim (6, 10, 20 km), Halle Kraus, Wiebelsheim (Nordic Walkers welcome)
- 9 a.m. 6 p.m. International Museumsday, Bamberg
- 11 a.m. Opening ceremony "Otthinrich Bible." Actual exhibition from 2 5 p.m., Staatsbibliothek, Neue Residenz Bamberg
- 10 a.m.- 6 p.m. Fascination Garden (Faszination Garten), Schloß Weißenstein Pommersfelden (www.faszination-garten.de)
- 10 a.m. Fränkische-Schweiz-Bikemarathon (Radmarathon), Litzendorf
- Classical music concert (Haydn, Ravel, Dvorak), Kloster Banz, Bad Staffelstein, tickets: 0951-9808220

Note: The Bamberg spring fest is open through May 16 weekdays from 2 10:30 p.m. weekends from 1 - 11 p.m. Wednesdays are "family days" with reduced prices for rides and specials.

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in May or June

Registration for trips begins the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit http://www.bamberg.army.mil/directorates/dfmwr/odr.asp.

May 12 Mountain Bike Ride

FREE! Grab your bike and join ODR for a stress relieving ride. Enjoy the fresh air and scenic views! Bikes are also available to rent for \$5. Departs from the ODR at 5:30 p.m. and returns at about 7 p.m.

Franconian Open-Air Museum May 15

With exhibits conveying the life of everyday people, primarily farmers, from years ago, Bad Winsheim's Fränkische Freilandmuseum provides a wonderful lesson in history for children and adults. Visitors are free to roam as they experience the past. Children 12 and under are \$10. Departs from the chapel parking lot at 9 a.m. and returns at about 5 p.m.

Main Paddle

This trip is the ideal introduction to kayaking for a beginner. Learn the basics while taking in the sights along the Main River. Please wear a swimming suit, water shoes and bring your lunch. Includes transportation, instruction and equipment. Departs from ODR at 8 a.m. and returns about 6 p.m.

Austrian Adventure Weekend

Get your adrenaline pumping in Austria while rafting, canyoning and klettersteig. Includes transportation and three nights lodging (double occupancy). Departs May 28 from ODR at 6 a.m. and returns May 31 about 10 p.m.

Medieval Market

Take a trip back to the Middle Ages at Burg Rabenstein's Mittelaltermarkt. Watch field battles, show fights, doll theatre and observe the workmanship put into everyday items. Transportation and entrance fees are included. Departs from the Chapel parking lot at 9 a.m. and returns about 6 p.m.

Mountain Bike Ride

Grab your bike and join ODR for a stress relieving ride. Enjoy the fresh air and scenic views! Bikes are also available to rent for \$5. Departs from the ODR at 5:30 p.m. and returns at about 7 p.m.

Thur. May 6, 2010/ VOL. 5, Issue 18

Please call us and tell us when you sell your item so we can remove the advertisement.

Thank you.

EMPLOYMENT

Immediate opening for a part-time Wellness Counselor at the Bamberg Women, Infants and Children program Office. This position requires a Registered Dietitian or a Bachelor of Science degree in Nutrition, Dietetics, Nursing, RN/BSN or RN with AA Degree or Home Economics with an emphasis in nutrition. Job requirements include computer experience, knowledge of maternal and infant nutrition as well as proven counseling skills. Must have current driver's license. Travel may be required. Choctaw Archiving Enterprise (CAE) is owned by the Choctaw Nation of Oklahoma; offers an attractive, competitive salary and benefits package, in addition to a good working environment. Send resumes to Jenny.Dietrich@eur.army.mil. For more information, call 353-8986/6791 or 09721 -96-8986/6791. (3/8/10)

Automotive Technology instructors are needed. Central Texas College-Europe is accepting applications for Automotive instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field. For more information, call Brenda McNeil at 0951-300-7467

AAFES Bamberg is accepting applications for entry-level retail and food service positions. Join our team, log on to <u>www.aafes.com</u> today. For more information, call the AAFES Human Resource Office at 0951-303-159. (4/29/10)

AUTOMOBILES

1988 BMW 523i for sale, new brakes, wipers, with all-season tires. Automatic transmission, passes inspection. Traveled much of Europe with this sturdy classic. E-mail outwestsd@yahoo.com or call 0151-2410-9491; \$2,800 OBO.

1994 Renault R19 for sale for \$1,000. New brakes and starter, winter and summer tires included. Manual transmission, good car to get around in. Inspected in October 2009. E-mail gonzos-girl51@yahoo.com or call 0170-907-9377. (4/2/10)

2008 Toyota Tacoma V6/SR5/Pre-Runner Access cab. Recall: Only floor mats, white w/gray interior, a/t, power everything, limited slip diff., transmission cooler, full class III towing hitch; like new - 15,000 miles, free shipping. Available after or on April 1. Serious offers only - \$22,500. Call 0951-300--8901 or 09549-988078 (3/8/10).

2006 Toyota 4Runner SR5 4WD; silver; 35,000 miles; third-row seats; tow package; dual-power seats; lpod ready; dealer maintained; exceptional condition; \$23,000; Call 0951-300-7656 (evenings) or 0162-254-0969 (anytime) or e-mail kevinbalisky@yahoo.com. (3/18/10)

FOR SALE

For Sale: Single family home 10 kilometers outside of Bamberg. Call 0162-271-7565 for details.

For Sale: Located in Bamberg, Pier 1 dining room table with six chairs. Excellent condition. Two years old. New cost was \$1,300, asking \$700 or best offer. Self pick up. Call Randy at 0160-781-5496 or e-mail riesr@t-online.de or pictures or more information. (4/14/10)

For Sale: Vacation Property in the heart of San Francisco, CA (Nob Hill District) one block from the historical Grace Cathedral founded in 1849. Plenty of buses, trolley services and cable car stops nearby that will take you directly to other places of interests in SF and surrounding areas (San Jose, Berkeley, Stanford University, Jack London Square, etc). The resort is a member of some of the major timeshare exchange services so you can exchange your resort to many major resorts worldwide. I used it to take a vacation in Budapest and Vienna. You get one week per year, "floating" so you can schedule vour own vacation. You can also bank it to use it another year. It's a one bedroom, one bathroom unit with kitchenette that can accommodate up to four people. (\$3,000 OBO) For more information, call Bernie at 0152-285-74842 or e-mail caguiatb@yahoo.com (3/10/10)

PCS Sale: Four elta 220 fans, \$10 each Portable air conditioner/heater \$200 OBO. Need to sell items quickly. Call Tina Penick at 0173-164-3599. (3/8/10)

For Sale: Four-drawer freezer 220v-\$100, Graco highchair folds for space savor-\$20, child's plastic video center-\$20 e-mail for photos aizus-tra@yahoo.com or call 0951-209-8102. (3/8/10)

For Sale: Kids II Bright Starts™ Pretty in Pink™ Activity Jumper for sale. My baby girl jumped with joy for this pretty in pink jumper. The platform provides a stable place for your baby to play. Quilted iumper seat rotates 360° to access included toys. Links offer space to add more of baby's favorite toys. Six-point height adjustment, padded toy bars, covered springs and four nonskid floor grips. Lays flat for storage and has easyto-clean toy tray. Machine-washable seat pad. Packed in original box. Perfect condition. For ages: 4 mos. and up; max. 25 lbs. Size: 39"H x 34"W x 32"D. Bought for \$84.95. Asking \$60. If interested please call Jennifer at 0951-209-1710 or e-mail jenniferwharton1@gmail.com. (3/8/10)

Graco Infant SafeSeat (car seat) Step 1 for sale that includes: Graco's EPS, Energy Absorbing Foam Liner, five-point harness with easy, up-front adjust on the Graco Infant SafeSeat Step 1; convenient, stay in car base features a belt lock-

off design and dial adjustment. Light weight carrier with rubberized ergonomic handle provides premium cushioning and comfort. 180 degrees rotating canopy with peek-a-boo window helps shade your child from any direction. Paid \$179.95 asking \$115. Perfect for boy or girl! Perfect condition. Green and Brown. If interested call Jennifer at 0951-209-1710 or e-mail jenniferwharton1@gmail.com. (3/8/10)

For Sale: Bose Companion 3 Computer Speakers (110V). Only 6 months old, still in original box. Regular AAFES price \$229, asking \$150. Call Michael at 0152-240-94326. (3/15/10)

MISCELLANEOUS

The U.S. Consumer Product Safety Commission, in cooperation with Graco Children's Products Inc., announced a voluntary recall of Graco Harmony™ High Chairs. Consumers should stop using product immediately unless otherwise instructed. The screws holding the front legs of the high chair can loosen and fall out and/or the plastic bracket on the rear legs can crack causing the high chair to become unstable and tip over unexpectedly. This recall involves all Harmony™ High Chairs manufactured from November 2003 through December 2009 and is no longer in production. The model number can be found on the label that is located on the underside of the foot rest. For more information, call the Graco Recall Hotline at 1-877-842-3206 pr the CPSC Recall Hotline at 1-800-638-2772. (3/25/10)

The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, announced a voluntary recall of a consumer product. Consumers should stop using recalled products immediately unless otherwise instructed. The name of the product is Baby Walkers and the importer is Le Hing Inc., of South El Monte, Calif. The walkers can fit through a standard doorway and are not designed to stop at the edge of a step. Babies using these walkers can be seriously injured or killed. The item number L -0809EN is printed on the side of the box. Consumers should return them to the store where purchased for a full refund. For additional information, contact Le Hing Inc. collect at 626-575-8566 between 10 a.m. and 4 p.m. PT Monday through Friday. To see this recall on CPSC's website, including a picture of the recalled product, go to

http://www.cpsc.gov/cpscpub/prerel/prhtml10/10198.html

The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, announced a voluntary recall of the following consumer product: children's hooded sweatshirts. Consumers should stop using recalled products immediately. The importer of the product is GJC International of Florida Inc., of Plantation, Fla. The distributer, no longer in business, is Niko's SPORTSLINE, of Sunrise, Fla. The children's jackets have drawstrings through the hood which pose a strangulation hazard to children. In February 1996, CPSC issued guidelines to help prevent children from strangling or getting entangled on the neck and waist drawstrings in upper garments, such as jackets and sweatshirts. This recall involves children's Niko brand hooded sweatshirts with drawstrings through the hood. A tag that reads, "Niko's SPORTSLINE" is sewn on the back neck of the garment. Consumers should immediately remove the drawstrings from the sweatshirts to eliminate the hazard or return the sweatshirts to GJC International of Florida Inc. for a full refund. For more information, contact GJC International of Florida collect at 954 -581-4646 or visit the website at http:// www.cpsc.gov/cpscpub/prerel/ prhtml10/10199.html.

The Bamberg Hospitality House supports the ministry of the Warner Barracks Chapel by offering additional opportunities for discipleship, Bible study, fellowship (that includes food, often!), weekend activities, etc. Join us Friday nights for 6:30 p.m. dinner and Bible study at our home (Sonnenstrasse 7; 96175 Pettstadt; e-mail www.cadence.org/huisjen or call 09502-8037). Join us on Sundays at the 11 a.m. for the Protestant service (Post Chapel).

AD SUBMISSIONS

When submitting a classified ad for publication, be sure to include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after three weeks of being published in the Warner Weekly. If you have something you want to advertise in the classified section, please e-mail your submissions to bambergpao@eur.army.mil. We will ONLY accept classified ads by e-mail. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-andpaste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600 or e-mail bambergpao@eur.army.mil.

Asian Pacific American Heritage Month

U.S. Army Garrison Bamberg will sponsor a celebration in observance of Asian Pacific Islander Heritage Month, May 29 at the Warner Conference Center at 3 p.m.

Community members interested in participating can attend our Asian Pacific Islander Committee meeting. The first meeting will be held in Room 412, on the 4th floor of the Garrison Headquarters Building (Building 7089), from noon-1 p.m. on Friday, April 23. Subsequent meetings will be held every Wednesday, at the same time and location.

Those willing to share a dish of their favorite Asian Pacific Islander cuisine, or have a talent, talented children, or native apparel they would like to share with the community at the event should attend.

For more information, call the USAG Bamberg Equal Opportunity Office at 0951-300-8624 or e-mail

(IWATCH continued from page 1)

nate information, play a large role in the success of the campaign, which assumes many of the qualities SNAP implemented.

"They are bringing it back and modernizing it," said Glenn Langhorn, DPTMS plans and operations specialist, of the updated program. "They don't so much call family members to get involved, but more to keep a watchful eye."

The program focuses attention on-post as well as off.

"Iwatch is bringing awareness up to date with the current events that have occurred," Andrusczkiewicz said. "A lot of things have changed since Fort Hood. We've been totally focused on the external and not on the internal."

As most Army personnel and Families are aware, on Nov. 5, 2009, Maj. Nidal Hasan, a U.S. Army psychiatrist stationed at Fort Hood, opened fire on the installation and is accused of killing 13 people. This and other similar criminal activities in the past years have caused safety and law enforcement personnel to adapt the way they train and combat an assault by an "active shooter."

An "active shooter," as defined on the Army's Antiterrosim Enterprise Portal, is an armed person who uses deadly force on other people and continues to do so while having unrestricted access to additional victims.

Andrusczkiewicz used the metaphor of a clam to describe the focus of installation security previous to the Fort Hood shooting-a hard impenetrable exterior with a completely soft interior.

Through iwatch, officials hope to adjust that focus amongst community members.

"The direct result is us being aware of our own vulnerabilities on the inside," Andrusczkiewicz said. "So people don't only look outside the gate."

The definition of suspicious activity, as delivered by iwatch, was developed in the SNAP program to open people's eyes to any irregularity in the scene around them.

"It is raising the awareness of what to look for and who to call," Andrusczkiewicz said. "The average family member should have situational awareness. Pay attention to what's normally not there; unusual vehicles without license plates, people or vehicles outside the fence, packages. When you're walking over to your neighbor's and you see someone with a camera."

People living off post can also benefit from iwatch. Although the German police have authority over off-post housing, community members can still utilize the Military Police



Antiterrorism Individual Awareness Tips:

General Awareness Tips:

Maintain situational awareness of your surroundings at all times. Pay particular attention to activity happening around you in order to identify anything unusual. If necessary, leave the area and report suspicious activity or behavior to local authorities.

Protect your personal information at all times. Do not reveal details of your personal life (such as where you live, work, family members, your association with the U.S. military, e-mail address or phone numbers) to anyone you don't know and trust.

Take extra precaution with social media networks (such as Facebook, Twitter and blogs). Avoid posting or providing personal information. Criminals and terrorists are known to use these forums for open source information gathering and for recruitment. These different social media networks do not provide secure communications.

Individual Awareness at Home:

Basic security begins at home. Make sure your door and window locks and exterior lighting function properly. Children should keep doors and windows locked when home alone.

Be prepared for an emergency that may require your family to "shelter-in-place" or relocate on short notice. Make a family emergency plan and ensure all family members understand what to do in each of these scenarios.

Talk to your children about their safety and security (such as what to do if they feel threatened and who they can trust).

to report suspicious activity, who can then use their language assistants to submit a report to the German authorities.

The roles of security agencies on post will not change but adapt to include aspects of the iwatch program, namely the dissemination, reception and investigation of information, into their daily procedures.

"DES will be the collection point because people always call the MPs when they see something suspicious," Lalonde said. "DES is primarily responsible for receiving those messages."

"We also do the dispatching," Andrusczkiewicz said of DES. "We serve as the central receiving and reporting point."

"We will funnel information through the units, TUCC (Tenant Unit Commanders Conference), town hall and FRGs (Family Readiness Groups)," Andrusczkiewicz said.

He also hopes to coordinate with the housing office to further the output of information to newcomers.

Langhorn said he is confident in the awareness of those living on Warner Barracks.

"The community is pretty good as it is," he said. "This teaches them how to act [when suspicious activity is noticed]."

"For a relatively low investment of time and effort, you can get great dividends," he said. "If we get four or five tips and one pays off then...you could potentially save a lot of lives and property."

Aug. 1 is the official kick-off date, but community members should begin to see iwatch materials before then.

Post common areas, such as the Postal Service Center, schools, stairwell buildings and other high traffic areas will soon don posters with awareness tips and advice, as well as the appropriate contact information for reporting suspicious activity.

For more information, Army Knowledge Online account holders can visit the Army's Antiterrorism Enterprise Portal at https://www.us.army.mil/suite/page/605757. Information can also be found at the Department of the Homeland Security website at http://www.homesecurity.us/neighborhood-crime-watch-terrorist-watch.html. To report a threatening occurrence, call the Military Police at 0951-300-8700.

(SAPPER Continued from page 2)

"The USAREUR Best Sapper Competition proved vital to our success, as it keyed us in on where we needed to focus," Bradwick said. "This helped formulate our three-fold strategy to capitalize on our strengths."

The team's top three concerns were to get enough sleep, perform well physically and prepare by studying demolitions.

"Training for this competition proved very hard, given our current workload and tempo at work," Bradwick said.

This included a 54th En. Bn. two-week training event where Fuller, Vasquez, Bradwick and Vitale had to serve as evaluating officers

"We kicked off and ended the competition with big bangs," Bradwick said. "The PT teams were organized into two heats on the first morning and we placed first amongst our heat and fifth overall. So, in essence, we started off the competition in fifth place. As far as placing in the events, we did well in most of the physical events and some of the Sapper-oriented events."

The final event of the competition was the X -Mile Run, a long endurance run with an unspecified length between seven and nine miles. It incorporated 10 physically grueling Sapper/Combat Engineer oriented tasks including picket pounding, carrying multiple concrete anti-tank mines through obstacles and breaking through breach doors at the finish line. By this point in the competition, multiple teams had been eliminated due to injuries and the inability to compete physically.

As Bradwick and Vitale ran toward the red castle that marked the finish line, Fuller, Vasquez, Lt. Col. Timothy W. Holman, 54th En. Bn. Commander, and Col. Paul M. Paolozzi, 18th En. Bde. commander, ran alongside them, cheering them on and supporting them to the finish line.

"Capt. Vasquez and Lt. Fuller showed a lot of character after they were eliminated from the competition," Bradwick said. "They provided outstanding motivation in cheering



Benjamin Faske

Army engineers receive instructions on how to properly build a poncho raft for the upcoming poncho raft-build and float challenge at Fort Leonard Wood, Mo. Best Sapper gives engineers throughout the Army the opportunity to compete in a grueling six phase competition to determine who are the best engineers in the Army. The 54th Engineer Battalion, 18th Engineer Brigade sent two teams and one former 54th Engineer Soldier to the competition.

right along and right beside us every step of the way during the X-Mile Run. Their verbal motivation and physical presence during the run definitely helped Lt. Vitale and I come in third place during our final event. They were also there as support for us during our few minutes of downtime between events, helping us recover and repack for upcoming events/tasks."

Having Holman and Paolozzi running alongside showed excellent leadership during the final event of the competition, Bradwick added.

"Field leadership is what it's all about and having them there every step of the way, motivating us," he said. "Just the physical presence...helped propel our team forward to put up our best showing of the competition."

Vitale couldn't agree more.

"I was so focused, or tired, in the run at the end that I blocked the whole crowd out in my mind, but I could pick Fuller, Vasquez and Lt. Col. Holman out over the rest of the crowd coaching us," Vitale said. "Personally, it motivated me to keep going."

"It's a shame they had to exit the Army-wide Best Sapper Competition early," Bradwick said. "However, when you enter these Army -wide events, there tends to be a spirit of support there, as we are representing our units and Germany/USAREUR as a whole."

Vitale concurred with the widespread feeling of unity between competitors at the competition.

"The sheer physical and mental challenge that the competition presented on everyone made for a shared hardship that bonded all of the teams in the competition together," Vitale said.



After Hours Emergency Care

For emergency medical care outside of the Bamberg Health Clinic's business hours, dial 114 on a German phone line or call the Bamberg Military Police at 0951-300-8700.

For emergency dental care outside of the dental facility's business hours, a dentist is on call and can be contacted by dialing 0951-300-7492.

